

HeadWrap Project by Mary Jane Allen  
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### HeadWrap

With thanks to Barbe Rickard-Riegle for giving me her pattern and instructions

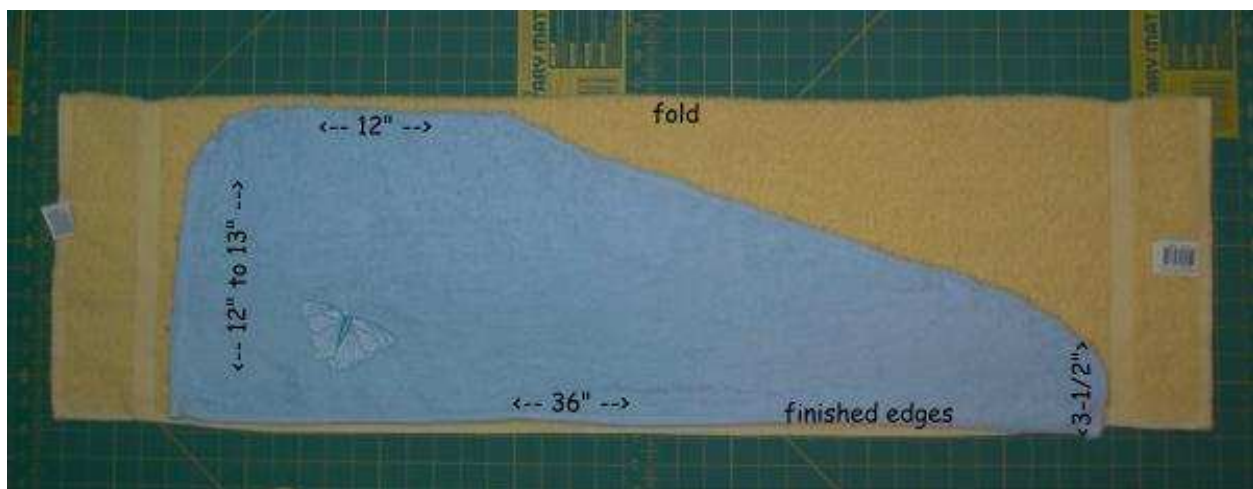
### Supplies:

One bath towel (the thinner, the better) at least 24" wide and 35" between the woven bands at each end

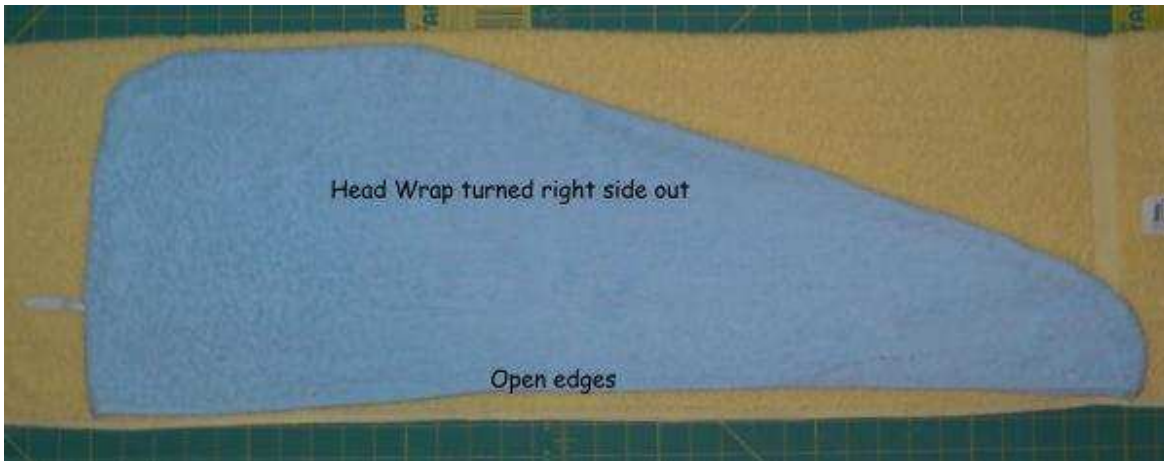
6" length of 3/8" elastic

sewing thread to match towel

embroidery design, thread and stabilizer (if desired)



The blue towel shown in the illustration above is a finished HeadWrap turned inside out to use as a pattern for the yellow towel.



Fold the towel in half lengthwise, right sides together. In the illustration, the fold is at the top. Measure as shown in the illustration above (to make your own free-form pattern) and cut away the part of the towel around the blue towel.

If your towel is only 24" or 25" wide, do not cut along the fold at the widest part of the HeadWrap. Use the fold instead of making a seam there.



Fold elastic in half. On the back seam (shown on the left), measure up 3-1/2" from the finished edges and pin the elastic between the layers, with the cut ends of the elastic extending 1/4" beyond the seam allowance.

Sew a 3/8" seam all along the cut edge (tapering into and out of the fold if your towel is narrow). Serge or overedge stitch the seam. Reinforce the seam at the elastic.

Turn the towel right side out. The elastic loop should stick out at the back seam.



To use the HeadWrap, lean forward so that your hair falls in front of your face. Place the back seam of the HeadWrap at the back of your head and allow the rest of the HeadWrap to fall forward over your hair.

Twist the narrow end of the towel (with your hair inside), then tuck the twisted end into the elastic loop.

If you wish to embroider a design on the towel, put it on your head as described above and mark where your ear is. That is where you will embroider.

Select a design that is fairly open so you will not have something hard against your ear. Use water-soluble stabilizer top and bottom. Embroider.

Terry scraps can be turned into washcloths or wash mitts.

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